



# RETIRED OFFICERS CLUB (NSW)

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## Welcome to our August 2015 NEWSLETTER

[anzroc.blogspot.com.au](http://anzroc.blogspot.com.au)

### **SECRETARYS' REPORT**

Our Monthly Luncheon on 17<sup>th</sup> August 2015 attracted 50 members, all of whom were warmly welcomed by President Phil. Also noted as not seen for a while were Wal Pendleton, Allen Burrige, and Bob McElroy. Phil's welcome was followed by the Loyal Toast.

### **APOLOGIES**

Noel Bowmer, Phil Cohen, Elaine Davis, Ken Dighton, Ron Hargrave, Paul Jepson, Rodney Kay, Brian Liebert, Alf McDermott, Bob McEwan, Phil Minett, John Mitchell, and Jim Richardson.

### **TREASURERS REPORT**

Treasurer Mike gave a detailed reported on last months' income and expenditure, which confirmed our sound financial position.

### **BIRTHDAY WISHES**

Birthday wishes were extended by Graeme Bool to:  
*Ron Booth, Allen Burrige, Bill Chapman, Vic East, and Garry O'Meara.*

### **NEW MEMBERS:**

Paul Crowe of Northcote Vic. Welcome Paul!

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**Getting Old is When:** "Getting lucky" means you can find your car in the supermarket parking area.

.....butwaitthereismore.....

*So a lady inserted an ad in the Classifieds: "Husband Wanted". By the next day, she had received over one hundred responses, which ALL said the same thing: "You can have mine"!!*

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### **Our next Monthly Luncheon:**

**Will not be held in September.** It is being replaced by the Patrons Luncheon on the 1<sup>st</sup> September, and the Partners and Friends Luncheon on the 8<sup>th</sup> September.

Both Events are sellouts.

Pop Monday October 19<sup>th</sup> in your Diary for our next CTA Lunch Meeting, which will double as the S(P&H) reunion. We have 100 folk listed for that Event, and it is ESSENTIAL that you advise Secretary Reg if you want to attend.

## BEREAVEMENTS

**Ray Manning aged 75 of Valentine NSW passed away on 22 July 2015, he is survived by his wife Jeanette. Ray's funeral was held at St. Joseph's Catholic Church, The Junction (Newcastle) on Thursday 30th July, 2015 at 10.30am.**

A period of silence was observed in Ray's memory.

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## August 2015 WELFARE REPORT:

**Ken Dighton – Welfare Officer**

Sick List:

- Max Campbell – we received some correspondence from Cathleen, Max's daughter, to say that he is frail but happy in his North Coast nursing home. He's had several heart attacks in recent years but he is batting on quite well. He likes to catch-up with our Newsletter. All the best Max.
- Ray Brennan – he is at home and progressing slowly but well after major surgery. He received a good report from his specialist about 2 weeks ago. Ray says he is getting stronger (and doing what he is told to do!) but expects the recovery period to be months rather than weeks. Good wishes Ray.

• John Nicholson – having ongoing treatment (for which he has to visit Newcastle periodically). Nevertheless, he sounds chipper – as you would expect from John.

• Rodney Kay – his chronic back problem is giving him some grief at the moment. Consequently he is extending apologies for not attending today's lunch meeting.

• Allen Burrige – his knee operation was successful, but he is having problems with his back which is an inconvenience. He expects to be at our August meeting today. Happy birthday for the 26th Allen and all the best for the year ahead.

I made contact with the following people who enjoy the esteemed title of Honorary Member to check up on them in their birthday month and to extend good wishes:

• Ron Booth (85) – His AF continues to slow him down but generally he is OK. He will celebrate his birthday with family. He is still looking to move into some assisted care accommodation somewhere on the Northern Beaches. I think Ron will be joining us for lunch today.

• Alan Brown (84) – Going OK despite a few health issues which mean he is not as active as he would like to be. He celebrated his birthday with a good deal of decorum!

• Gary Brown (82) – I spoke with his daughter Lynette (also a ROC member) who joined Gary (and mother Shirley) for a family birthday bash. He is still playing golf a couple of times a week, and he is loving life in Forster (particularly sitting on the balcony looking at the ocean – sounds good doesn't it?).

• Bill Chapman (81) – he is going well (good clean living!). He expects to attend the ROC lunch again this month (he is one of our regulars from The Illawarra).

• Bob Cunningham (81) – he is struggling a bit with emphysema and has had a couple of stints in hospital. His condition curtails his activities a lot and getting to Sydney for a ROC meeting is not an option at this juncture.

• Ian McLachlan (81) – he said he is "not too bad", but he is dealing with a back problem which makes walking difficult (and therefore he is not getting out and about as much as he would want).

I wasn't able to make contact with Keith Nunn, Carl Flemming and Keith Johnson – best wishes for your respective birthdays fellas, and for the year ahead.

Bestwishesbestwishesbestwishes

## DATES FOR THE DIARY

1st September 2015

**Patron's Luncheon** at 242 Pitt Street Sydney hosted by our patron the Hon. Warwick Smith  
Names to Secretary Reg or M4GT Ann really quickly. **Too late, Sold out!!!!**

8th September 2015

Will see our annual **Partners and Friends Annual Lunch** at The Apprentice Restaurant Building E, Level 7, 731-695 Harris Street, Ultimo NSW 2007. Sorry, Bookings have closed.

Monday 19<sup>th</sup> October

**S(P&H) Reunion** at the CTA Martin Place in conjunction with our regular Luncheon. Please contact Heather Riach 02 9181 3640 or [hriach@optusnet.com.au](mailto:hriach@optusnet.com.au), Denis Lickley 02 9874 1986 or Barry Smith 02 9948 5037 to let them know you want to be there. There may be upwards of 100 members and friends attending, so be quick if you feel like reliving the good old days! Our Secretary Reg can take names too!!

29th October, 2015.

**Newcastle** Chapter pre-Christmas function at Cardiff RSL Club. Great gathering, stay tuned.

7th December 2015

Our special Event of the year, the **Christmas Cocktail Gathering** at ANZ Centre, 242 Pitt Street.. Your Committee is very pleased to advise that our Chair, David Gonski, will share his thoughts with us again this year.

Please contact Secretary Reg on [reg.kini@bigpond.com](mailto:reg.kini@bigpond.com). As at 17/8/2015 we have only 10 vacancies.

11th November 2015

**"Doc" Wilson Memorial Bowls Day..**



... will be held at Club Umina on Wednesday 11<sup>th</sup> November, with the Competition (Triples or Fours) commencing at 10.30am, with a 12.30pm finish to be followed by Lunch.

Cost for Bowls and Lunch is \$15. 00, Lunch only is \$10. 00. All team will have at least one Bowler to assist and encourage us, and the event is open to blokes, girls, partners et al! Loan Bowls will be available.

Club Bus pickup from Woy Woy Station, or from Ettalong Beach Ferry wharf.

Barefoot Bowling is allowed, but flat sole shoes, sandals, or thongs are recommended.

Whether you just want to watch and eat, learn, or play, let's all make the effort to be there, remember Doc., and have a great day.

Names and enquiries to Secretary Reg or to Convener Ian Jarratt 4342 4028 or [ibcjumina@bigpond.com](mailto:ibcjumina@bigpond.com) so that planning may commence!!

12<sup>th</sup> December 2015

**Wagga Wagga** Chapters' Annual Christmas Function: RSL Wagga Wagga at 12:00 noon. Kevin Cameron is again coordinating the event. Contact Kevin on 02 6922 4575 or at [Jannette.cameron@bigpond.com.au](mailto:Jannette.cameron@bigpond.com.au)

18<sup>th</sup> December 2015

**Canberra** Chapter Christmas gathering at 7:00 pm for 7:30 pm at the Royal Canberra Golf Club Bentham Street (Westbourne Woods) YARRALUMLA ACT at a cost of \$50.00 per person. Smart casual dress required (denim or sneakers not permitted)



#### SEPTEMBER BIRTHDAYS

Kevin	ALCHIN	7 <sup>th</sup>	Peter	GILLIGAN	21 <sup>st</sup>	Trevor	REES	11 <sup>th</sup>
Noel	ARMITAGE	21 <sup>st</sup>	Peter	GOERMAN	16 <sup>th</sup>	Les	RENNIE	13 <sup>th</sup>
Garry	ATTEWELL	23 <sup>rd</sup>	Evelyn	GOLDSTEIN	30 <sup>th</sup>	Craig	RICE	21 <sup>st</sup>
Eamon	BERNE	10 <sup>th</sup>	Bob	HAENEY	29 <sup>th</sup>	Peter	ROBISON	9 <sup>th</sup>
Tony	BROWN	15 <sup>th</sup>	Terry	HUTCHINSON	23 <sup>rd</sup>	Peter	RUTLEDGE	25 <sup>th</sup>
Paul	BURGE	22 <sup>nd</sup>	Dorothy	JOHNSTON	16 <sup>th</sup>	Peter	SIMPSON	20 <sup>th</sup>
Jeanette	BURKE	9 <sup>th</sup>	Allen	JOHNSTONE	4 <sup>th</sup>	Brian	SOWTER	7 <sup>th</sup>
Mark	BURNS	17 <sup>th</sup>	David	KNOBLE	12 <sup>th</sup>	Geoff	THOMAS	29 <sup>th</sup>
Paul	CARROLL	1 <sup>st</sup>	Karl	MIZENS	28 <sup>th</sup>	Rupe	THOMAS	24 <sup>th</sup>
Neville	CHIE	16 <sup>th</sup>	Ray	MOONEY	15 <sup>th</sup>	Brian	TIMMS	23 <sup>rd</sup>
Mike	CUNNEEN	24 <sup>th</sup>	Spencer	MYERS	13 <sup>th</sup>	Peter	WATSON	19 <sup>th</sup>
Deborah	DIMMOCK	28 <sup>th</sup>	Laurie	O'BRIEN	14 <sup>th</sup>			
Terry	FERGUSON	21 <sup>st</sup>	Albert	ORSZACZKY	17 <sup>th</sup>			
David G	FLEMING	5 <sup>th</sup>	Annette	OSMOND	17 <sup>th</sup>			
Phillip	GARDNER	10 <sup>th</sup>	Terry	PARKER	29 <sup>th</sup>			
Graham	GILLARD	4 <sup>th</sup>	Kate	PIETRACCI	14 <sup>th</sup>			

#### THE "HONS"

Norman	BRAIN	24 <sup>th</sup>
Stan	DOYLE	12 <sup>th</sup>
Reg	ELLIOTT	9 <sup>th</sup>
John	HEATHWOOD	29 <sup>th</sup>
John	HICKEY	13 <sup>th</sup>
Barry	HUMPHREYS	26 <sup>th</sup>
Keith	JACOBS	19 <sup>th</sup>
Noel	PLUSH	4 <sup>th</sup>
John	ROBSON	20 <sup>th</sup>
Don	SHEATH	30 <sup>th</sup>
Roy	VOCKLER	4 <sup>th</sup>

We welcome the following members to the 'Hons' this month: Stan DOYLE, John HICKEY, Barry HUMPHREYS, & Don SHEATH. Congratulations gentlemen

Happybirthdayhappybirthdayhappybirthdaytoyouall

## One Liners''''''''

**Two blondes walk into a building --- you'd think at least one of them would have seen it.**

**I went to buy some camouflage trousers the other day --- but I couldn't find any.**

**My friend drowned in a bowl of muesli --- a strong currant pulled him in.**

**Our ice cream man was found lying on the floor of his van covered with hundreds and thousands. Police say that he topped himself.**

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## Joke of the Week.....

**An anthropologist was cataloguing South American folk remedies with the assistance of a tribal elder who indicated that the leaves of a particular fern were a sure cure for any case of constipation.**

**When the anthropologist expressed his doubts, the elder looked him in the eye and said, "Let me tell you, with fronds like these, you don't need enemas." (Thanks Jim Richardson)**

(Thanks Jim Richardson)

.....

"Pat and Mick are hurrying down to the pub because they heard that there was a fight in progress. Just as they get there a head rolls out through the doorway onto the pavement and Pat says "Oh beggorah that's O'Riley!" - "No no no" says Mick. "That's not O'Riley; O'Riley is much taller than that."  
*(Thanks Col Bartrim!)*

***(Thanks Col Bartrim!)***

***hahahahahahahahahahaha***

During a recent examination, my doctor asked me about my exercise regime.

I described a typical day this way:

"Well, yesterday afternoon, I took a five hour walk about 7km through some pretty rough terrain.

I waded along the edge of a lake. I pushed my way through brambles.

I got sand in my shoes and my eyes. I avoided standing on a snake.

The mental stress of it all left me shattered.

So much so, at the end of it all I drank eight beers"

Inspired by the story, the doctor said, "You must be one hell of an outdoors man!"

"No," I replied, "I'm just a bad golfer"

(Thanks to Ken Dighton)

## Rules For a Good Old Age (Edited a little, with apologies to Ian Jarratt!)

- 1. It's time to use the money you saved up. Use it and enjoy it. This is also a bad time for an investment, even if it seems wonderful or fool-proof. They only bring problems and worries and this is a time for you to enjoy some peace and quiet.**
- 2. Stop worrying about the financial situation of your children and grandchildren, and don't feel bad spending your money on yourself. You've taken care of them for years, and you've taught them what you could. The responsibility is now theirs to earn their own money.**

3. Keep a healthy life, without great physical effort. Do moderate exercise (like walking every day), eat well and get your sleep. Keep in touch with your doctor, do tests even when you're feeling well. Stay informed.
4. Always buy the best, most beautiful items for your significant other. The key goal is to enjoy your money with your partner. One day one of you will miss the other, enjoy it NOW!
5. Don't stress over the little things. You have good memories and bad ones. Don't let the past drag you down and don't let the future frighten you. Small issues will soon be forgotten.
6. Regardless of age, always keep love alive. Love your partner, love life, love your family, love your neighbor and remember: "A man is not old as long as he has intelligence and affection.
7. Be proud, both inside and out. When you are well-maintained on the outside, it seeps inside, making you feel proud and strong.
8. Don't lose sight of fashion trends for your age, but keep your own sense of style. You've developed your own sense of what looks good on you - keep it and be proud of it.
9. ALWAYS stay up-to-date. Read newspapers, watch the news. Go online and read what people are saying. Make sure you have an active email account.
10. Respect the younger generation and their opinions. They may not have the same ideals as you, but they are the future, and will take the world in their direction.
11. Never use the phrase: "In my time". Your time is now.
12. Don't abandon your hobbies. If you don't have any, make new ones.
13. Even if you don't feel like it, try to accept invitations. The important thing is to leave the house from time to time. Go to ANZROC, museums, go for a wander. Get out there.
14. Be a conversationalist. Talk less and listen more. Try to accept situations as they are. . Always find some good things to say as well.
15. Pain and discomfort go hand in hand with getting older. If they become your entire focus, you lose sight of the person you used to be.
16. If you've been offended by someone - forgive them. If you've offended someone - apologize
17. If you have a strong belief, savor it. Don't waste your time trying to convince others. They will make their own choices no matter what, and it will only bring you frustration.
20. Laugh. Laugh A LOT. Laugh at everything. Remember, you are one of the lucky ones. You managed to have a life, a long one. Many never get to this age, never get to experience a full life. But you did. So what's not to laugh about? Find the humor in your situation.

Just in from Secretary Reg:

From **Ray Brennan:**

*Hi all, Have just come from my surgeon who told me - " You are cancer free " !!!!!!!!!!!!!!!  
What more can I say !! Cheers RB*

Of **Mike Osten:**

Shelby Mills writes "That's so sad to hear. He was a lovely man. He was at Silverwater branch when Frank was there.

May have been the assistant BM.

His daughter Debbie also worked in the ANZ....I think she was at Silverwater as well.

I have nice memories of BBQ's at his property - back in those days living out of suburbia was unusual, but he has a lovely place out Camden/Oran Park way from memory."

Roy Crawford writes "That is sad news of Mike's passing. I was Mike's Asst Mgr at Auburn in the 80's and he taught me a lot on the job about spending time out in your customers businesses which served me well in my career. RIP"

Of **Ray Manning:**

Karl Mizens writes "Sorry to hear about Ray who I only knew sociably, however he was a fun guy to be with. Years ago we formed a "Gallon Club" of which Ray was a member, where following a game of golf, we had a BBQ and a keg of beer was consumed. Membership was very selective and understandably limited. Golfing skills were not a consideration."

Ian Jarratt writes: "Sorry to hear about Ray, I worked with Ray at Chatswood many years ago and enjoyed Ray and his wife's company during that period."

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## SEPTEMBER LUNCHEON NOTICE.

### NO REGULAR MONTHLY LUNCH IN AUGUST

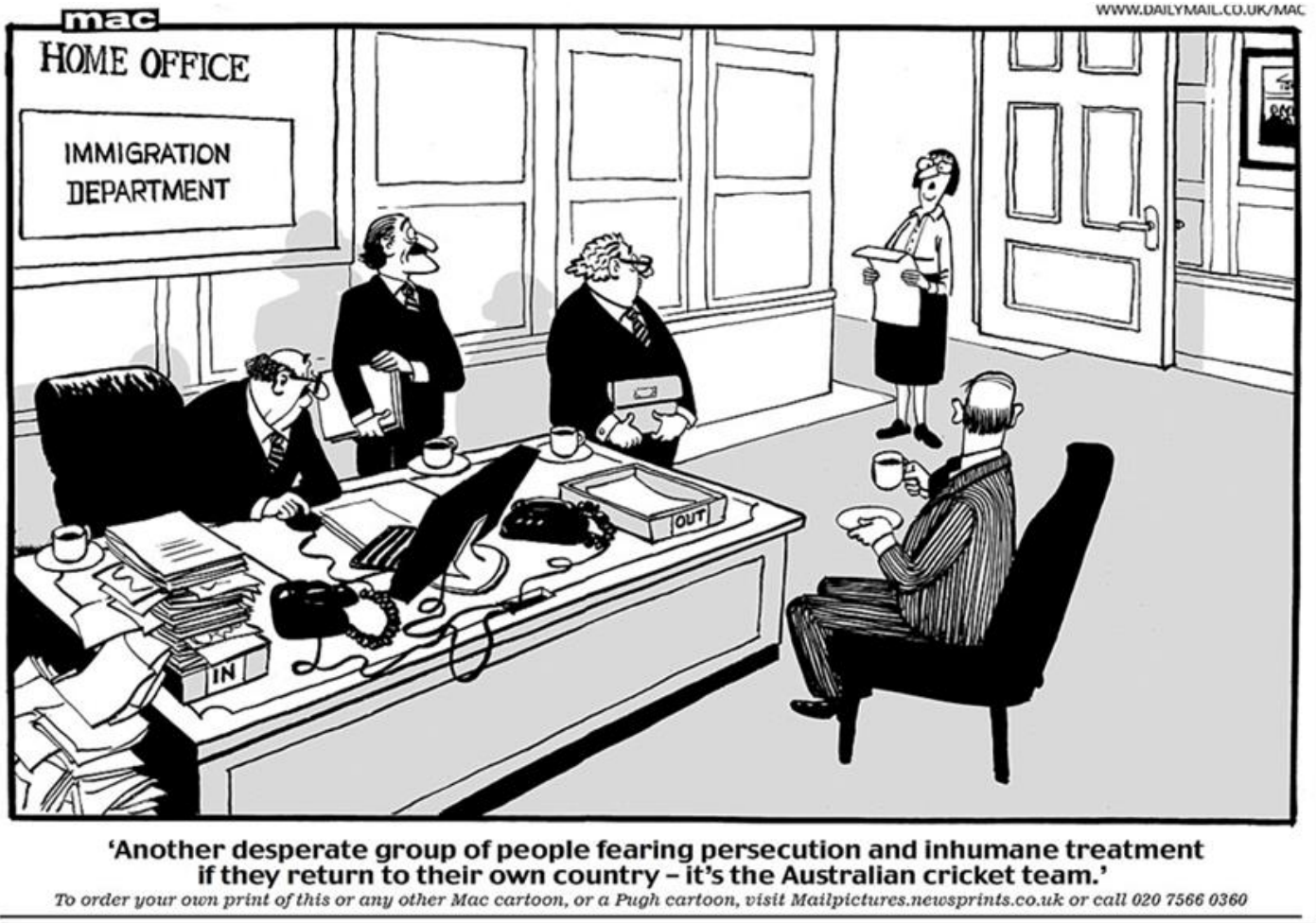
***The next scheduled Lunch will be at our usual venue, the CTA Club, Martin Place, on Monday 19<sup>th</sup> October 2015. You MUST register for this one. It is the S(P&H) reunion.***

***Pre Lunch drinks are enjoyed from 11.45am, and we sit down for Lunch at 12.45 pm.***

*Don't say we did not tell you!*



*This us Unkind!!!!!!!*



**There comes a time when a woman just has to trust her husband.**

For example...

A wife comes home late at night, and quietly opens the door to her bedroom.

From under the blanket she sees four legs instead of two. She reaches

For a baseball bat and starts hitting the blanket as hard as she can. Leaving the covered bodies groaning, she goes to the kitchen to have a drink.

As she enters, she sees her husband there, reading a magazine. "Hi Darling", >>> he says, "Your parents have come to visit us, so I let them stay in our bedroom. Did you say "hello"?"

Hahahahahahahahahahahahah

**'Til next month...thanks for reading the News....stay Well and keep Smiling!!!! Ed.**